



COME CELEBRATE TREES IN SASKATOON, MAY 20TH - 28TH, 2023!

Arbor Week 2023 is focusing on the amazing power of trees and nature to enhance healing mental, social and physical health. We also consider growing trees for feeding people as well as mitigating climate to cool our city, which is an important part of keeping us healthy and ensuring we have a sustainable environment for the future. Our theme "Healthy Trees, Healthy People" gives citizens of Saskatoon many great events to explore all week.

ARBOR WEEK 2023 EVENTS

SASK. ENVIRONMENTAL SOCIETY'S SUSTAINABLE SPEAKER SERIES

Pre Arbor Week: Tues. May 16th, 7 pm - 8:30 pm at the Frances Morrison Library basement (311 23rd St E.). *Title: Our Trees in a Changing Climate: When has spring sprung?* In Saskatchewan, climate change is resulting in the biggest changes in the winter and spring months. For trees coming out of their winter dormancy period these changes play havoc with their natural rhythms, since they do not know when winter has ended and spring has started. **Dr. Colin Laroque** of the University of Saskatchewan will describe how climate change is affecting Saskatchewan's trees.

LEARN WHAT TREES TO GROW IN AN URBAN YARD

Pre Arbor Week: Wed. May 17th, 7 pm. Join **Rick Van Duyvendyk** at Dutch Growers for a guided nursery tour of suitable hardy trees for your urban yard. Both old and new favourites will be discussed on the tour. Meet in front of the nursery entrance at Dutch Growers (1818 Central Avenue, Saskatoon).

PLEIN AIR - ART IN THE PARK

Sat. May 20th (drawing) and Sat. May 27th (painting). Hues Art Supply with artist Jean Dudley will lead two "plein air" painting sessions under the trees. Bring a sketch book and pens or pencils to draw some trees at Gabriel Dumont Park. The second Saturday is the painting session. Meet first at Hues Art Supply 1818 Lorne Avenue between 10:30 - 10:45 am to pick up anything you need and to meet facilitator Jean Dudley. We will head over to the park and set up to draw some trees.

PaRx NATURE PRESCRIPTION WALK: GEORGE GENEREUX URBAN REGIONAL PARK

Sun. May 21st - 2 pm. Are you interested in learning more about the evidence behind spending time in nature and how it is beneficial for our health? Come to the "PaRx Nature Prescription Interactive Nature Walk" hosted by the partnership of CAPE SK and The Friends of Saskatoon Afforestation Areas. Walk in George Genereux Urban Regional Park with tour guide Julia Adamson, and a guest appearance from the Canadian Association of Physicians for the Environment, CAPE-SK speaking about PaRx and the nature prescription program!

YOGA UNDER THE TREES!

Tues. May 23rd and Thurs. May 25th, 12:10 to 12:50 pm. Celebrate Arbor Week 2023 by joining in two yoga sessions Under the Trees. What better way to appreciate our urban forest and personal health! Two special classes with yoga instructor Jenel Michel. Bring your mats and meet on the grass in Kiwanis Park North near the rink warm up shack (weather permitting). Class suitable to all levels.

U OF S WEBINAR: LEAFY NEIGHBOURHOODS, HAPPY RESIDENTS

Tues. May 23rd, 7 - 9 pm Sponsored by the U. of S. and the City of Saskatoon's Healthy Yards Program. *Title: Leafy Neighbourhoods, Happy Residents: perceptions of the urban forest and strategies to support residential trees.* Drawing on recent research, this presentation will focus on the many different perceptions people have about urban trees, and how those perceptions can be included in urban forestry initiatives. Examples of successful residential tree stewardship programs will also be discussed. **Tenley Conway** is a Professor in the Department of Geography, Geomatics and Environment at the University of Toronto, Mississauga. Co-host **Shannon Dyck** works as a Sustainability Specialist for the City of Saskatoon. This is a free class, but you must register to participate.

PATTERSON ARBORETUM TOUR

Wed. May 24th, 10 - 11:30 am. Jackie Bantle at Patterson Garden will lead a sensory tree tour for the visually impaired through CNIB.

TREES: GOOD FOR THE SOUL

Wed. May 24th, 7 - 8:30 pm. Rev. Shawn Sanford Beck (known as the Green Priest) will lead this workshop using a form of spirituality which utilizes breathing, prayer, body movement, and the active imagination as a way to connect with and bless the natural world around us. This is an intriguing way to see the power of nature in a different light. The outdoor location will be the Sanatorium site under the trees. Enter the area from Ave K South at the dead end, or from Spadina Cres. West on the South West Trail Link.

PATTERSON ARBORETUM TOUR

Thurs. May 25th, 10-11 am for anyone who wants to come and experience the trees at Patterson Garden.

REMAI FILM NIGHT - "CALL OF THE FOREST"

Thurs. May 25th, 7 pm. The film "Call of the Forest" (<https://calloftheforest.ca/about/synopsis-and-trailer/>) will be screened. Guest speaker Kelly Tolley with her traditional knowledge will be talking about an indigenous perspective on using trees for food, shelter and well being. She will also share an exciting project of birch bark canoe building that will be taking place at the Remail Modern this year.

MEEWASIN TREE AND SHRUB PLANTING

Fri. May 26th, 1 - 2:20 pm. Meewasin is celebrating Arbor Week with SOS Trees! Our tree planting event will run near the Southwest Trail turnaround near the Sanatorium site. We'll be planting a small collection of trees and some shrub material in a bed prepared beside the parking lot, before continuing on the Meewasin Trail for a Clean-up Campaign! With the assistance of SOS Trees, we'll learn more about the importance of planting native tree species for our riverbank, and indeed the valley. Join us for a chance to plant a series of legacy species in this important area.

INDIGENOUS YOUTH NIGHT

Fri. May 26th, evening at the Remai Modern with leader Kelly Tolley will feature eco-dying spruce roots.

PRUNING WORKSHOP

Sat. May 27th, 9 am - 12:30 pm. SOS Trees Coalition is pleased to offer a hands-on pruning workshop instructed by local ISA Certified Arborist Robin Adair. Robin will be discussing "What? When? Why?" and "How to prune your shrubs and trees". Also, the proper cleaning and sharpening techniques for your pruning tools will be discussed. Students are asked to bring their own pruning tools but a few extra tools will be available. Bring work wear, gloves, safety glasses are mandatory and be ready to prune and learn!" Location: Sherbrooke Community Centre (401 Acadia Dr, Saskatoon). The fee is \$20.

SPRING BIRD COUNT & THE ESSENTIAL TREES FOR THEIR WELLBEING

Sat. May 27th, 10-11:30 am. Trees feed, protect and provide nesting habitat for our feathered friends. This is an important citizen science event! Sara Bryson, Saskatoon Nature Society volunteer, will lead a tour through Heritage Park identifying birds, and the trees and shrubs they are dependent on. Bring binoculars (optional) and bug spray! Rain or shine. Park at the corner of Taylor St. and Heritage Lane. The trail access is nearby off Heritage Lane.

REMAI ART GALLERY: SOMETHING ON SUNDAYS

Sun. May 28th, 1 -4 pm. 'Something on Sundays' at the Remai Modern will have tree themed art activities for kids.

SPRUCE ROOT DEMONSTRATION FOR BUILDING A BIRCH BARK CANOE

Sun. May 28th, 1-4 pm at the Remai Art Gallery. Kelly Tolley will host an eco-dyeing Spruce Root demonstration that is open to everyone outside the doors of the learning studio at Remai. The roots will be used to sew the birch bark canoe she is leading the building of this summer.

THE FRIENDS OF THE FORESTRY FARM HOUSE: OPEN HOUSE & WALKING TOUR

Sun. May 28th, 1:30 pm. At the Superintendent's Residence there will be an open house from 1:30 to 2:30. At 2:30 a walking tour of the Saskatoon Forestry Farm Park will commence from the front of the house. This tour touches on both the history of the site and the legacy of the trees left behind on the site of the former Sutherland Forest Nursery Station. There is no cost for the walking tour but there is a parking fee of \$4.50.

TREE PLANTING DAY

Thurs., June 1st, 9 am - 3 pm. This year SOS Trees Coalition has partnered with Sutherland School, One Tree Planting, Zak's Hardware and Building Centre and Dutch Growers to plant trees and incorporate a living outdoor classroom area. This event will be students planting, however we do need volunteers to coach the students planting.

MARTENSVILLE TREE PLANTING

Fri. June 2nd. Zak's Hardware and Building Centre is sponsoring a community tree planting in Martensville. Dignitaries at 9:30 am, planting starting at 10 am with Valley Manor Elementary students alongside Zak's team in Kinsmen Park, Martensville. Big thanks to Martensville Recreation & Community Services for their support. Zak's donates 25% of lumber profits each year to plant trees in our communities.

WEEK LONG EVENTS

QR CODE SELF GUIDED TREE TOUR

May 20th - 28th: This event will be up for the entire Arbor Week. The QR Code Interpretive Walk is a guided audio nature walk which teaches the audience about specific trees living in Saskatoon and what they contribute to our urban ecosystems as well as our health and wellbeing. Fun for families and friends in small groups. For a group of people a small bluetooth speaker and one phone works very well so all can listen together. This event will be in two park locations: **Wildwood Park** - Enter on the Rosedale Road side in the south east corner of the park, south of the Wildwood School. **Ashworth Holmes Park** - Use the park entrance at the intersection of 30th St and Ave E North in the Caswell Hill area. The QR Code signs at both locations are fully accessible and close to walkways.

FRIENDS OF THE SASKATOON AFFORESTATION AREAS

Come join in on the various walks and activities at the Richard St. Barbe Baker Afforestation Area and George Genereux Urban Regional Park, where we will appreciate the beauty of nature and learn about the significance of healthy trees for healthy people. More information on their website (<https://www.friendsareas.ca/>).

TREE-THEMED SESSIONS AT THE LIBRARY

May 20th - 28th. The Saskatoon Public Library will have tree themed book and craft sessions all week. Bring your little ones to learn about trees. All events at the various branches are listed on their website: <https://saskatoonlibrary.libnet.info/events?start=2023-05-01&end=2023-05-31&term=Arbor+Week>



Rev. Shawn Sanford Beck giving his 2022 workshop on Tree Spirituality.